

Sharing your information

Your information will only be disclosed to those who have a genuine need to know and who agree to keep your information confidential. For your direct care we often share information with:

- NHS hospitals and clinics
- GPs
- Social care

Following the principles within the General Data Protection Regulation (GDPR), MCH processes your data for purposes of:

- provision of health or social care or treatment
- medical diagnosis
- preventative or occupational medicine
- management of health or social care systems and services, carried out by, or under the supervision of health professional or another person, who in the circumstances owes a duty of confidentiality under an enactment or rule of law

Who to contact

Stroke services

t: 0300 123 3444

Unit 5 Ambley Green, Gillingham,
Kent ME8 0NJ

stroke.services@nhs.net

Medway Community Healthcare CIC providing services on behalf of the NHS
Registered office: MCH House, Bailey Drive, Gillingham, Kent ME8 0PZ
Tel: 01634 337593
Registered in England and Wales, Company number: 07275637

Our privacy notice is available at medwaycommunityhealthcare.nhs.uk/privacy/

If you would like to view or request a copy of your patient record, please email medch.dataprotection@nhs.net or call 01634 334640. In most instances this service is free and we aim to provide the requested information within 1 calendar month. More information can be found by visiting:

medwaycommunityhealthcare.nhs.uk/contact-us/information-about-me/

Medway Community Healthcare provides a wide range of high quality community health services for Medway residents; from community nurses and health visitors to speech and language therapists and out of hours urgent care.

Customer care

Please send any comments about Medway Community Healthcare services to: -
Customer care coordinator
Medway Community Healthcare
MCH House, Bailey Drive, Gillingham,
Kent, ME8 0PZ
t: 0300 123 3444
medch.customercare@nhs.net

All contact will be treated confidentially
This information can be made available in other formats and languages. Please email medch.communications@nhs.net

Ref: MCH 252-4



Stroke services team

Providing stroke specialist care



We are a multi-disciplinary community team that provide therapy input across a pathway of care in Medway and Swale for patients with a new diagnosis of stroke.

The team consists of:

- clinical manager
- specialist practitioner
- specialist therapists including:- physiotherapists, occupational therapist and speech and language therapists
- care managers
- associate practitioners
- rehabilitation assistants
- administrators

Services provided include:

- inpatient rehabilitation
- early supported discharge.
- medium term community rehabilitation.

What is rehabilitation?

Relearning skills and learning strategies to **help you** do daily activities by:

Assessment → setting goals → **practice** → review goals → **practice** → goals achieved

For rehab to be successful it is important to **continue practising** new skills when you are on your own.

The involvement of **family, carers** and **friends** is important in the rehab process to **encourage** and **support** you.

Rehabilitation is provided across a number of settings including:

- hospital inpatients
- home
- nursing/residential homes.
- community

Therapy is based on individual need and can vary in intensity and length of time.

We aim to provide a service which:

- gives a high quality evidence based, expert care.
- provides a seamless transition from hospital to home.
- is centred around the needs of the individual.
- works together with our patients and their family to discuss, set and achieve personal therapy goals, empowering them to live as independent a life as possible following their stroke.

Referral

The Stroke Services Team is available to adults age 18 & over with a new diagnosis of stroke. Patients must be registered with a GP in Medway or Swale.

Referral can be made by:

- GP's
- Consultants
- Health professionals

To make a referral contact us on:

0300 123 3444

Sources of help:

Members of the stroke services team

Stroke services website
www.medwaycommunityhealthcare.nhs.uk/stroke

Stroke Association:
www.strokeassociation.co.uk

Different Strokes:
www.differentstrokes.co.uk

Hours of work:

- therapy- Mon-Fri 8.30-4.30pm