

Sharing your information

Your information will only be disclosed to those who have a genuine need to know and who agree to keep your information confidential. For your direct care we often share information with:

- NHS hospitals and clinics
- GPs
- Social care

Following the principles within the General Data Protection Regulation (GDPR), MCH processes your data for purposes of:

- provision of health or social care or treatment
- medical diagnosis
- preventative or occupational medicine
- management of health or social care systems and services, carried out by, or under the supervision of health professional or another person, who in the circumstances owes a duty of confidentiality under an enactment or rule of law

Who to contact

Stroke services

t: 0300 123 3444

Unit 7 Ambley Green, Bailey Drive,
Gillingham, Kent ME8 0NJ
stroke.services@nhs.net

Medway Community Healthcare CIC providing services on behalf of the NHS
Registered office: MCH House, Bailey Drive, Gillingham, Kent ME8 0PZ
Tel: 01634 337593
Registered in England and Wales, Company number: 07275637

Our privacy notice is available at medwaycommunityhealthcare.nhs.uk/privacy/

If you would like to view or request a copy of your patient record, please email medch.dataprotection@nhs.net or call 01634 334640. In most instances this service is free and we aim to provide the requested information within 1 calendar month. More information can be found by visiting:

medwaycommunityhealthcare.nhs.uk/contact-us/information-about-me/

Medway Community Healthcare provides a wide range of high quality community health services for Medway residents; from community nurses and health visitors to speech and language therapists and out of hours urgent care.

Customer care

Please send any comments about Medway Community Healthcare services to: -
Customer care coordinator
Medway Community Healthcare
MCH House, Bailey Drive, Gillingham,
Kent, ME8 0PZ
t: 0300 123 3444
medwaycustomer care@nhs.net

All contact will be treated confidentially
This information can be made available in other formats and languages. Please email medch.communications@nhs.net

Ref: MCH 448



Stroke carers group (Swale)

Join us at our friendly drop in sessions



The venue

The drop-in sessions are at The Heritage Centre, 69 High Street, Sheerness, (Blue Town) ME12 1RW – Known as The Criterion.

Call the venue if directions are needed on 01795 662981.

Parking is available at the front of the building.

The venue offers space for discussions with members of the stroke services team or other attendees, there is a café for refreshments.

About us

Stroke Carers Support Group has evolved from a patient experience survey, involving patient's relatives and carers who have travelled the stroke pathway with their loved ones. The survey highlighted the need for peer support to help people share their own experiences following their relative's stroke.

The sessions will aim to offer the opportunity for family, friends and carers to meet and share their experiences of living/caring for a stroke survivor. The sessions will also look at providing advice to attendees on areas such as available support, benefits, minimising risk factors, optimising quality of life for stroke survivors. Members of the stroke services therapy team will attend to provide teaching, advice and signposting to appropriate services.

Join us

These sessions will be held on the second and fourth Thursday of each month between 11am and 12pm. This coincides with a nearby social stroke group that stroke survivors can attend whilst their carer attends the carers support group.

Comments from stroke carers:-

"I never thought I'd laugh so much, it was good to laugh and not to worry"

"It was useful to find out helpful information".

"I wasn't going to come as was worried about leaving my relative, but I'm so glad I did"

"It was nice to know I'm not the only one going through the same thing".

"It was nice to meet others who care and understand".

